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After your first appointment

You may expect your treatment to be fairly uneventful, similar to having a tooth filled. However, it is not uncommon to experience some discomfort after the first appointment. This may be due to irritation produced by the infection that was present in your tooth. Manipulation of the tooth and the supporting tissues during treatment may also produce some mild irritation. The tooth will feel much better in a day or two if you follow these suggestions:

- Avoid chewing on the tooth to allow nature time for healing.
- Discomfort can usually be controlled by two aspirins (or aspirin substitute) taken every 4-6 hours until the tooth is comfortable.
- If pain or swelling persists or becomes progressively worse, please do not hesitate to call the office for advice or special care.

After Completion of your root canal treatment

At this time your root canal has been sealed to promote healing. The infection that was present in your tooth has been eliminated and should not recur. It is now up to your body's normal repair process to heal the damage that the original infection produced. Your physical state of health will play an important part in this healing process. The tooth may be tender for several days. Avoid chewing on this tooth until all the tenderness is gone.

Restoration of the tooth

Although the root(s) of your tooth are sealed, the crown of the tooth is sealed only with a temporary cement. It may last many weeks, but it is imperative to see your dentist as soon as possible so that the tooth can be restored properly. This is a very important phase of your endodontic treatment and will greatly influence the successful outcome of your case. Please make an appointment with your dentist as soon as possible.